

ANTHONY'S PUB BARE BONES DUATHLON

Saturday, May 8, 2010 - 2pm - Penticton BC

Triathlon BC Duathlon Series Race #2

5km Run - 32km Cycle - 5km Run

- Registration 11:30pm-1pm at Race Start area – Skaha Beach East Parking Lot, Cypress St & Elm Ave, Penticton.
- Changing and washroom facilities available at Race site.
- Pre-Race Meeting at 1.30pm. Race begins at 2pm sharp.
- Awards ceremony at race site at 4:45pm.
- Post race Party including All-You-Can-Eat Buffet (available at \$8.00 per person) at Anthony's Pub 5.00pm.
- Individual competitors only, must be 18 years or older.
- Entrants should be in good physical condition, having trained sufficiently to confidently complete the course within 2hrs30mins. (No official cut-off time will apply.)
- This is a draft-free individual endurance event, for elite and age group competitors alike. Certified draft officials will patrol the bike course to ensure fair competition and apply drafting and course penalties to those who cheat. Details will be explained at the pre-race meeting, on race day.
- Sponsors & supporters include Anthony's Pub, Remax (Cramer Crew), The Bike Barn, Peach City Runners, Penticton Pounders, Dairy Queen, Swag-man Racks, Impact MultiSport, Subaru Ironman Canada, Penticton Triathlon Club & TriBC.

PRIZES

Prize money will be awarded equally, to the top 3 male and top 3 female competitors, in the following amounts:

1st place: \$150.00 2nd place: \$ 75.00 3rd place: \$50.00

Prizes will be presented to winners of each 5 year age group.

ENTRY FORM

Send this registration portion:

LAST NAME: _____ FIRSTNAME: _____

ADDRESS: _____ CITY _____ POSTAL CODE _____

PHONE # _____ email address _____

GENDER: circle MALE FEMALE

BIRTHDAY ____/____/____ AGE ON December 31st, 2010 _____ TRI BC MEMBERSHIP # _____

(DD/ MM/ YYYY)

ENTRY DETAILS

REGULAR ENTRY FEE \$30.00* For all entries received before or on May 5th, 2010 _____

LATE / RACE DAY ENTRY \$50.00* For all entries received after May 5th & on race day (noon -1pm) _____

INSURANCE FEE \$15.00* (Non-Triathlon association members One-Day-Race License) _____

*RACE ENTRY IS NON-REFUNDABLE TOTAL ENCLOSED \$ _____

Please make cheques Payable to: Penticton Triathlon Club (Memo: Bare Bones Duathlon)

Mail this entry to: 1117 Kensington St., PENTICTON BC V2A 4N2

Further inquiries, please contact: BRAD LEE phone: 250.770.1677 email: bradxtlee@yahoo.ca

ATHLETE'S WAIVER

I, the applicant, on behalf of myself, my family, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless, the organizers, Penticton Triathlon Club, Anthony's Pub, Dairy Queen, Triathlon BC, representatives and agents and all associated sponsors and volunteers for any injury, loss or damage, to my person or property, howsoever caused, arising out of or in connection with my taking part in the TriBC organized events and activities, including the Bare Bones Duathlon, held on Saturday May 8, 2010, and notwithstanding that the same may have been contributed to or occasioned by, the negligence of any of the above mentioned persons, businesses or organizations. I acknowledge that I am responsible for the roadworthiness and correct operation of my bicycle. I realize that I may be subject to unannounced drug testing as provided for by Triathlon Canada's agreement with the Canadian Centre for Ethics in Sport.

SIGNED: _____ DATE: _____

PARENTS/LEGAL GUARDIAN SIGNATURE:

(Must be completed for competing athletes under 19 years.) I, the parent or legal guardian of the above competitor, hereby certify that I have read and agreed to be bound by the terms of the waiver, on behalf of the said competitor.

SIGNED: _____ DATE: _____